



Pulse Twin Cities™

21-day prayer guide

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Join us in fasting and praying for God to work mightily through Pulse Twin Cities at U.S. Bank Stadium on May 18. You may use this 21-day prayer guide in your own personal prayers, or use it to mobilize your church in a time of corporate prayer and fasting. Many churches will launch this fasting season on Sunday, March 11—leading up to Easter Sunday.



WEEK 1:

Focus on Pastors and Congregations

SUNDAY

Pray for your pastors and other pastors in your city to hold God's Word in the highest regard—and for truth to be preached from every pulpit.

MONDAY

Pray that your pastors will be refreshed today—physically and spiritually. Pray for a strong family time following a weekend of ministry.

TUESDAY

Ask the Lord to bring to mind the names of pastors in close proximity to your own church. As you think of other pastors, pray for God to prosper their souls and churches.

WEDNESDAY

Ask the Lord to bring to mind the names of nearby churches. Pray that each church will experience a renewed awakening to Jesus. If you have time, drive by some of them and pray. You could also take extra time to pray from their parking lots.

THURSDAY

Pray that the name of Jesus will be spoken and honored throughout congregations in the Twin Cities and the surrounding region. Pray that pastors will speak boldly of Jesus and remind their people of His supremacy.

FRIDAY

Pray that the people in your church will have a fresh vision today of Jesus and His power, majesty, and glory.

SATURDAY

Pray for unity among pastors across denominational lines, and for the vision of Pulse Twin Cities to touch every church in your city. Pray that your church will catch the vision of united, fervent, and citywide prayer.

WEEK 2:

Focus on the Next Generation

SUNDAY

Pray for a next generation of pastors and leaders to be raised up to teach and hold fast to the Word of God.

MONDAY

Pray for churches across the Twin Cities to be welcoming to the younger generations and willing to adapt ministries as needed. Pray that your church will find ways to mentor and bless the next generation.

TUESDAY

If your church has traditions or ways of ministry that might be barriers to incorporating the next generation, pray for wisdom and ways to connect all the ages in your congregation.

WEDNESDAY

Pray that the younger generation of the Twin Cities and the surrounding region will reset their lives to Jesus and be passionate about worshipping and honoring Him. Pray that the younger adults and students in your church will have revived relationships with Jesus that will impact your entire church.

THURSDAY

Pray that Pulse Twin Cities will mobilize thousands of the next generation to worship and pray fervently—and be sent out to proclaim Jesus to their generation.

FRIDAY

Pray for the Pulse Twin Cities leadership teams as they work to pull together the details involved in organizing an outreach of this size. Pray that God will be preparing your own church to support these events with finances, promotion, and participation.

SATURDAY

Pray that Pulse Twin Cities will be a generation-defining moment for the young adults and students of the Twin Cities and surrounding regions.

WEEK 3:

Focus on Spiritual Awakening

SUNDAY

Pray that people in your church will pray even more fervently for revival of the Church and spiritual awakening in our nation.

MONDAY

Pray for pastors to lead their congregations in prayer for spiritual awakening in our city and nation.

TUESDAY

Pray that churches across the region will be united with a common vision to see revival and spiritual awakening, especially as God uses UNITE Locals and Pulse Twin Cities.

WEDNESDAY

Pray that God will bring the Church of the Twin Cities together to pray in unity. Pray also that God would prepare U.S. Bank Stadium for a move of God's Spirit as the Gospel is shared with lost people who need Jesus.

THURSDAY

Pray that U.S. Bank Stadium will be filled for Pulse Twin Cities on May 18 with people of all generations who need to know that Jesus changes everything!

FRIDAY

Pray that Pulse Twin Cities will be a catalytic movement of people and churches. Pray that the Twin Cities and the surrounding region would be "reset" to Jesus.

SATURDAY

Pray for a movement of spiritual awakening for the lost—and for Jesus to be honored throughout our nation.